



FOR IMMEDIATE RELEASE
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AHS Y.E.L.L. attends Substance Abuse Prevention training in National Harbor

Middletown, DE - On Monday February 5th, 2018 (6) Appoquinimink High School Y.E.L.L. [Youth Eliminating Loss of Life] members and their facilitating advisors, school nurse, Yvonne Camac and Assistant Principal, Brian Bell attended SAMHSA's 14th Annual Prevention Day as part of CADCA's annual training forum held at the Gaylord National Hotel & Convention Center in Oxon Hill, MD just outside of Washington, D.C.

Youth heard from SAMHSA Director, Frances M. Harding, of Center for Substance Abuse Prevention [CSAP] in the opening plenary and attended various breakout sessions packed with data about how to implement substance abuse prevention in their high school and local community. The wide range of topics included underage drinking and its effect on the teenage brain, how to use art as a form of preventive therapy, resources for bullying prevention and its effect on substance use, suicide and opioid prevention strategies for veterans and their families.

In addition, the group visited information tables and participated in the #DearFutureMe prevention challenge selfie station where they wrote a short letter to themselves about what they want to protect by making safe decisions. Lining up with this year's National Prevention Week [May 13-19, 2018] theme: "Action Today. Healthier Tomorrow"

Y.E.L.L. is a youth-led, adult-guided group that promotes positive healthy lifestyles by highlighting activities that are an alternative to the high-risk choices that many teens face. With the disease of addiction so relevant today, these youth are tackling the issue head on, working to prevent disease before it starts, by educating and empowering their peers. AHS Y.E.L.L. is sponsored by the Southern New Castle County Communities Coalition [SN4C] along with Open Door Inc.

SN4C provides evidence-based substance abuse prevention education and programs to schools, youth, parent groups and communities in Southern New Castle County. The mission of SN4C is to prevent youth substance use and abuse in order to produce healthy, stable, family oriented communities. To learn more, contact SN4Cprevention@gmail.com or call 302-731-1504 and ask for Prevention Services.

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